

Setting Goals (Outcomes) – Achievement

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Fail to Plan, Plan to Fail

When a person possesses an idea vs an idea possessing a person

Those that only think about it are wishers

Those that visualize bring it closer to reality

Those that write it out, take the first step to making it real

Those that take action towards them, persistently, will likely achieve them and Allah knows best

Goal setting exercise

Write out these TYPES of Goals/Outcomes;

1. What you want to BECOME?

- These are Your BE Goals

Example: Becoming fluent in the 13 sciences of Arabic, Becoming a Hafidh ul Qur-aan, Being a Millionaire Mu'min, Give away One Million Dollars, etc...

2. What you want to DO!

- Your DO Goals

Example: Make Hajj every year, Travel to Muslim Spain, Climb Mount Everest, Build 10 Masajid per year, Open Charity for Orphans, etc...

3. What do you want to HAVE ?

- Your HAVE Goals

Example: 6 Bedroom, 5 ½ bathroom home on the Mediterranean, Aston martin DB7, Private Muslim Airline (to avoid being electronically strip searched ☺)

Suggested Areas of Goal Setting for Your Life → see page 4

Physical Health

Mental Health (Personal Development)

Spiritual Health (Islamic Development)

Family Health (Spouse, children, parents)

Financial Health (Biz or Career)

Emotional Health (Friends)

Rate Yourself in each area of your life: 1-10 (10 being 100% satisfaction) see page 4

First Steps to Attainment is Knowing what you want!

Write Goals/Outcomes without being too critical of yourself;

I. Write what your BE Goals 3 minutes

II. Write your DO Goals for 3 minutes

III. Write your HAVE Goals for 3 minutes

Next Step → Choose Your Top 3 Goals in each category

Number all goals from 1 – 3 years (You may be able to accomplish within 1 – 3 years)

[If you feel that some goals take more than 3 years, put that number next to the goal in sha Allah]

BE Goals (1 – 3 years)

DO Goals (1 – 3 years)

HAVE Goals (1 – 3 years)

Ask yourself some real questions for EACH Goal;

WHY you want this specific goal?

HOW will you feel when you achieve the goal?

Next Step in the Process: Planning Your Work and Working Your Plan

Notes:



